



Sunshine Support Group

Dear Parent,

Davison Elementary Counselors are offering support groups for children living in single parent or step-families. Groups will be held for 45 minutes during the school day for six consecutive weeks.

We are aware that changes in the family can affect children at home as well as at school. Divorce may seem to be an adult issue; however, it can have a dramatic effect on children. In *Sunshine Group*, children have an opportunity to share their feelings, understand that they are not alone, and begin to accept the changes in their family.



Sunshine Group Goals:

1. Identify and understand feelings about family changes.
2. Help children realize that others have similar feelings and experiences.
3. Gain an accurate picture of the divorce process.
4. Assist children in learning coping skills.
5. Help children feel good about themselves and their families.

In order to have a successful group experience, your child will need to be interested in participating in this group. Due to the extensive number of children that can benefit from *Sunshine Group*, participation will be limited to one six week session. Feel free to contact, Mrs. Vannest with further questions and concerns.

~*Davison Elementary Counselors*~

Mrs. Vannest, *Siple Elementary Counselor*: (810) 591-5105, rvannest@davisonschools.org

If your child would like to participate in a Sunshine Group, please fill out the form below and return it to Mrs. Vannest as soon as possible.



SUNSHINE GROUP PERMISSION SLIP

CHILD'S NAME _____ **GRADE** _____ **TEACHER** _____

ADDRESS _____ **PHONE** _____

CHILD'S SIGNATURE _____ **PARENT SIGNATURE** _____

***PLEASE RETURN TO YOUR COUNSELOR**